

Three Year Olds

Physical Development and Health

- Moves with some balance and control.
- Coordinates movements using strength and control to perform simple tasks.
- Uses eye-hand coordination to perform simple tasks.
- Explores the use of various drawing and art tools.
- Begins to perform self-care tasks independently.
- Identifies body parts and their functions.
- Follows basic health and safety rules with reminders.
- Begins to use socially acceptable ways to resolve conflict.

Four Year Olds

Physical Development and Health

- Moves with balance and control.
- Coordinates movements using strength and control to perform simple tasks.
- Uses eye-hand coordination to perform tasks, such as zipping, cutting, and lacing.
- Shows beginning control of writing, drawing, and art tools.
- Performs some self-care tasks independently.
- Follows basic health and safety rules.
- Uses socially acceptable ways to resolve conflict.